

## Interesting Reading on LGBTQ Topics

*Alyson Almanac: The fact book of the lesbian and gay community.*

*The Big Gay Book*

John Preston

*Is It a Choice?*

Eric Marcus

*The Rights of Lesbians and Gay Men: The Basic ACLU Guide to a Gay Person's Rights*

Nan Hunter, E. Machaelson, & B. Stoddard

*Beyond Tolerance: Gays, Lesbians, and Bisexuals on Campus*

Nancy Evans and Vernon Wall

*In Search of Gay America: Women and Men in a Time of Change*

Neil Miller

*Coming Out to Parents: A Two-Way Survival Guide for Lesbians and Gay Men and Their Parents*

May Borhek

*Mom, Dad, I'm Gay: How Families Negotiate Coming Out*

Ritch C. Savin-Williams

*Beyond Acceptance: Parents of Lesbians and Gays Talk About Their Experiences*

C.W. Griffin, M.J. Wirth, & A.J. Wirth

*Positively Gay: New approaches to Gay and Lesbian Life*

Betty Berzon

*Homophobia: How We All Pay the Price*

Warren Blumfeld

*Now That You Know: What Every Parent Should Know About Homosexuality*

Betty Fairchild and Nancy Hayward

*Bi Any Other Name: Bisexual People Speak Out*

L. Hutching & L. Kaahumanu

*Families We Choose: Lesbians, Gays, Kinship*

Kath Weston

*Conduct Unbecoming: Lesbians and Gays in the U.S. Military – Vietnam to the Persian Gulf*

Randy Shilts

*A Legal Guide for Lesbian and Gay Couples*

H. Curry & D. Clifford

*Good News for Modern Gays*

Sylvia Pennington

*Straight Jobs, Gay Lives*

Annette Friskopp & Sharon Silverstein

*Toward Acceptance: Sexual Orientation Issues on Campus*  
Vernon Wall & Nancy J. Evans

*Out & About Campus*  
Kim Howard & Annie Stevens

*Working with Lesbian, Gay, Bisexual, and Transgender College Students: A Handbook for Faculty and Administrators*  
Ronni L. Sanlo

*Out on Fraternity Row: Personal Accounts of Being Gay in a College Fraternity*  
Shane L. Windmeyer

*Poisoned Ivy: Lesbian and Gay Academics Confronting Homophobia*  
Toni A. H. McNaron

*Completely Queer, The Gay and Lesbian Encyclopedia*  
Steve Hogan and Lee Hudson

*Gay Issues in the Workplace*  
Brian McNaught

*The Gay, Lesbian, and Bisexual Students' Guide to Colleges, Universities, and Graduate Schools*  
Jan Mitchell Sherrill and Craig Hardesty

*Overcoming Heterosexism and Homophobia: Strategies that Work*  
James T. Sears and Walter L. Williams

*Revolutionary Voices: A Multicultural Queer Youth Anthology*  
Amy Sonnie

*Outing Yourself: How to Come Out as Lesbian or Gay to Your Family, Friends, and Coworkers*  
Michelangelo Signorile

*Queer Quotes: On Coming Out and Culture, Love and Lust, Politics and Pride, and Much More*  
Teresa Theophano

### **Suggested Readings on Gender and Transgenderism**

#### **Transition and Coming Out Issues**

Boenke, Mary ed. (2003). *Transforming Families: Real Stories About Transgendered Loved Ones (2nd ed.)*, California: Walter Trook Pub.  
Written by parents, siblings, significant others, spouses, grandparents and friends of transgender persons. Captures a broad range of experiences and perspectives; contains a list of resources. This book is a great introduction to trans issues for friends and family members.

Evelyn, Just (1998). *Mom, I Need to Be a Girl*. California: Walter Trook Pub.  
Written from the perspective of a mother whose daughter comes out to her as a M2F trans person. She cites the difficulties they overcame and how she aided her daughter with her transition. This book is great for parents dealing with gender questioning or trans-identified children. The book is out of print, but the entire text is available online (with the author's permission) for viewing at <http://www.transproud.com/pdf/beagirl.pdf>.

Walworth, Janis (1998). *Transsexual Workers: An Employer's Guide*. Center for Gender Sanity.  
An invaluable reference for employers, managers, human resources personnel, and others, about how to handle a transsexual employee's transition from one sex to the other.

Brown, Mildred & Rounsley, Chloe Ann (1996). *True Selves: Understanding Transsexualism for Family, Friends, Coworkers and Helping Professionals*. San Francisco: Jossey Bass.  
A comprehensive and widely respected text on transsexualism. Great for gaining in-depth understanding of all the issues involved. 'Must reading' for transsexuals, very helpful for friends and family who have a serious interest.

Stuart, Kim Elizabeth (1991). *The Uninvited Dilemma*. Beaverton, OR: Metamorphous.

One of the first good books on the personal experience of transsexualism, and, although somewhat dated, still one of the best available. This book can be very helpful for interested friends and family members, as well as transpersons themselves.

### **Health Issues**

R. Nick Gorton, MD; Jamie Buth, MD & Dean Spade, Esq. (2005). *Medical Therapy and Health Maintenance for Transgender Men: A Guide For Health Care Providers*, online: Gnu OSL/copylefted.

Attempts to provide the knowledge necessary to care for transmen before, during, and after transition. Well-written and comprehensive. Available online for free at <http://www.nickgorton.org/>

### **Individual Stories**

Feinberg, Leslie (1993). *Stone Butch Blues*. New York: Firebrand Books.

A beautifully written coming-out piece of fiction. Details an F2M's personal and political struggle for meaning in a transphobic world. Also deals with feminist and gay and lesbian liberation. Although written as fiction, this story rings true.

Colapinto, John (2000). *As Nature Made Him: The Boy Who Was Raised a Girl*. Harper Collins.

Exposes a famous medical gender reassignment case as a complete failure, and a well-documented misrepresentation of the malleability of an individual's gender.

Howell, Clare, Joan Nestle, and Riki Wilchens, eds. (2002). *Gender Queer: Voices from Beyond the Sexual Binary*. Los Angeles: Alyson Books.

Scholinski, Daphne (1998). *The Last Time I Wore a Dress, A Memoir*. Penguin.

A young woman tells the tale of her repeated incarceration by her parents because her gender was not what they thought it ought to be. A shocking tale of intelligence in the face of weighty oppression.

### **Understanding Gender Diversity**

Bornstein, Kate (1996). *Gender Outlaw: On Men, Women, and the Rest of Us*. New York: Routledge.

Transactivist Kate Bornstein asks the question: what is a man and what is a woman?

Bornstein, Kate (1998). *My Gender Workbook: How to Become a Real Man, a Real Woman, the Real You, or Something Else Entirely*. New York: Routledge.

Transactivist Kate Bornstein returns us to the question of what is a man and what is a woman, this time with tests throughout the book to test our gender awareness.

Burke, Phyllis (1996). *Gender Shock: Exploding the Myths of Male and Female*. New York: Doubleday.

Documents the misuse of "Gender Identity Disorder" diagnosis to mistreat and inappropriately institutionalize gender non-conforming children.

Halberstam, Judith (1998). *Female Masculinity*. Durham: Duke UP.

Halberstam, Judith (2005). *In a Queer Time and Place: Transgender Bodies, Subcultural Lives*. New York: New York UP.

Prosser, Jay (1998). *Second Skins: the Body Narratives of Transsexuality*. New York: Columbia UP.

### **Politics of Transgenderism**

MacKenzie, Gordene (1994). *Transgender Nation*. Ohio: Popular Press.

Critiques the medicalization and popular representations of trans persons, and the early trans liberation movement from a socio-political perspective. Proclaims it is not the trans person who is ill and in need of treatment, but rather the culture.

Feinberg, Leslie (1998). *Trans Liberation: Beyond Pink and Blue*. Boston: Beacon Press.

A call to action for those interested in creating social justice. Feinberg points out similarities between GLB struggles and those of trans persons, particularly around issues of silence and shame. S/he passionately calls for building coalitions across oppressions.

### **Theory and Academic Perspectives**

More, Kate & Whittle Stephen eds. (1999). *Reclaiming Genders: Transsexual Grammars at the Fin de Siecle*. Washington: Cassell Pub.

Transgender theory explored by a group of international trans scholars and activists. Thought-provoking essays exploring trans experience from an interdisciplinary perspective. A great text for transgender studies courses at the university level.

Wilchins, Riki Anne (1997). *Read My Lips: Sexual Subversion and the End of Gender*. New York: Firebrand Books.

Written by the transactivist founder of GenderPac. This book heightens awareness as to how we are all oppressed by a dual gender system,

challenging our traditional ideas about gender.

Ekins, Richard (1997). *Male Femaling: A Grounded Theory Approach to Cross-Dressing and Sex-Changing*. New York: Routledge.  
A social psychologist from the UK develops a theory of cross-dressing and takes a closer look at the meanings of sex and gender.

### **Science of Gender**

Roughgarden, Joan (2004). *Evolution's Rainbow : Diversity, Gender, and Sexuality in Nature and People*. University of California Press.  
Reexamines comfortable assumptions about gender identity and reevaluates Darwin's theory of sexual selection. A highly-regarded book by a world-class population biologist.

Bagemihl, Bruce (1999). *Biological Exuberance: Animal Homosexuality and Natural Diversity*. New York: St. Martin's.  
A revealing examination of sexual diversity among wildlife that conclusively refutes the "it isn't natural" argument.

### **Crossdressing**

Boyd, Helen (2004). *My Husband Betty: Love, Sex, and Life with a Crossdresser*. Thunder's Mouth Press.  
Smart, insightful, feminist-informed look at male crossdressing by a compassionate wife. A must-read for couples with crossdressing husbands.

Anders, Charles (2002). *The Lazy Crossdresser*. California: Greenery Press.  
Crossdressing made easier, a witty common-sense guide that contains lots of practical tips.

Vera, Veronica (1997). *Miss Vera's Finishing School for Boy's Who Want to be Girls*. New York: Doubleday.  
Actual experiences from the dean of the world's first "cross-dressing academy." Explores cross-dressing from a very different "treatment" perspective, designed to explore the whole person.

Pathy Allen, Mariette (1991). *Transformations: Crossdressers and Those Who Love Them*. New York: Routledge.  
This out-of-print photography book provides compellingly sympathetic images of crossdressers with their loved ones.

### **Photography**

Allen, Mariette Pathy (2003). *The Gender Frontier*. Kehrer Verlag, Heidelberg, Germany  
A compassionate, broad photographic overview of the transgender community and transgender activist efforts. Winner of the 2004 Lambda Literary Award in the transgender/genderqueer category.

Cameron, Loren (1996). *Body Alchemy: Transsexual Portraits*. San Francisco: Cleis Press.  
Visual presentation of female-to-male trans bodies that challenge our traditional notions of what a man is.

Adapted from a handout prepared by Gordene O. MacKenzie, PhD and Nancy Nangeroni for the GenderTalk Web site (<http://www.gendertalk.com/>)